

Visit Checklist

Record monitor and sensor serial numbers on checklist.

Sensor:

- Remove lotion, powder, hair – can cause artifact
- Put electrodes on in proper place (white, black & red)
- Insert battery, listen for chime
- Battery must be changed daily
- Options for wearing the sensor (waist, neck, bra, pocket)
- Remove sensor when showering/bathing/swimming
- Change electrodes as directed or more often if needed
- Remove electrodes slowly using soap and warm water. Never pull them off quickly like a band-aid.
- Put electrodes in new location near original site when putting on new electrodes
- What to do about skin irritation & rashes (*use adhesive remover, call CardioNet*)
- Sensor may chime while installing the base

Prescription and Phone Confirmation

- Pt Name and Pt address confirmed
- Spelling of name correct or if not, updated w/CN
- Pt's Initials _____ Educator's Initials _____
- Phones in working order upon completion of visit.
- Pt's Initials _____ Educator's Initials _____

Monitor # _____
 Sensor # _____

Base:

- Install base to telephone in patient's bedroom
- Make sure the bases are not connected to outlets controlled by light switches
- Phone interruption when monitor is in base & sending data/unheard voicemail messages could interrupt transmission
- Possible internet interruption if dial-up is on the same phone line (*doesn't interfere w/cable, DSL or wireless modems*)
- How to disconnect base so pt will know how to return the equipment when monitoring is over

Monitor:

- Verify patient demographics.
- Turn monitor on. Verify patient's name on the screen.
- Walk patient through consent screens. Enter password (policy # field) and activate monitor.
- Prepare patient to sit quietly for baselines, record 2 baselines, waiting 2 minutes in between
- How to record events
- Screensaver
- How to check monitor and sensor battery charges
- Charge the monitor – *monitor in base or use adaptor, look for "monitor is charging" on screen*
- Monitor battery life – what to expect (*around 10-12 hours, varies day-to-day*)
- Leave monitor in the base all night
- Text Messages
- Power button - turn it off - before changing the battery and electrodes and before bathing
- Importance of keeping monitor & sensor close together at all times
- Warnings & Alarms – why it beeps and how to make it stop (*never has to do with one's heart*)
- Sleeping with sensor (*bodies cause interference*) – lay sensor on pillow or bed near the monitor
- Cell coverage – document cell strength in home

Other:

- Pacemaker/ICD – *keep monitor more than 6 in. away from pacemaker/ICD and don't put electrodes right on the pacemaker/ICD*
- Patient resources – Reminder Card, Patient Education Guide
- Contact 911 in the event of an emergency or if experiencing symptoms that are of concern
- Contact CardioNet 24/7, 1-866-426-4401, skin irritation, monitor issues, questions, or concerns
- End of service – *when prescription is over, monitor is deactivated at night*
- Return the kit using UPS as soon as possible; save the brown shipping box, how to pack the kit
- Return the Patient Satisfaction Survey (*write agency name on top*)

Verify with the Patient:

Date of Birth: _____

Address: _____

Home #: _____

Work #: _____

Cell #: _____

Pacemaker/ICD: Yes No

Emerg. Contact: _____

Relationship: _____

Home #: _____

Work #: _____

Cell #: _____

Signature Patient _____ RX #: _____

Print Patient Name _____ Length of Visit _____

Baseline ID # _____ Baseline Confirmed w/ _____ Cell Coverage _____ Cell-Only

Notes _____

Educator _____ Agency _____ Date _____